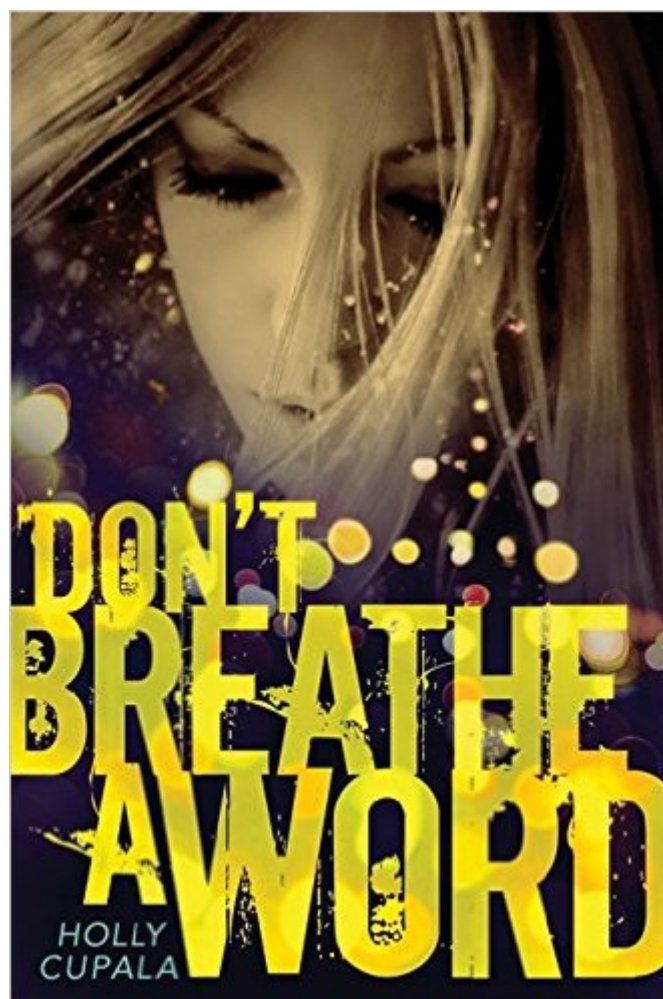


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# Don't Breathe A Word



## Synopsis

Joy delamere is suffocating. From asthma, from her parents, and from her boyfriend, Asher, who is smothering her from the inside out. She can take his cruel words, his tender words . . . until the night they go too far. To escape, Joy sacrifices her suburban life to find the one who offered his help, a homeless boy called Creed. He introduces her to a world of fierce loyalty, to its rules of survival, and to love—a world she won't easily let go. Set against the backdrop of the streets of Seattle, Holly Cupala's powerful new novel explores the subtleties of abuse, the secrets we keep, and the ways to redemption. But above all, it is an unflinching story about the extraordinary lengths one girl will go to discover her own strength.

## Book Information

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Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (49 customer reviews)

Best Sellers Rank: #886,392 in Books (See Top 100 in Books) #63 in [Books > Teens > Literature & Fiction > Social & Family Issues > Homelessness & Poverty](#) #173 in [Books > Teens > Literature & Fiction > Social & Family Issues > Runaways](#) #306 in [Books > Teens > Literature & Fiction > Social & Family Issues > Physical & Emotional Abuse](#)

## Customer Reviews

At a glance: Don't Breathe a Word is an amazingly powerful and fantastically written book that shows you the harsh realities of abuse, teenage homelessness, and other tough issues, without being depressing or losing that sense of hope I long for when reading a book. It was heartbreaking, but it was also funny and exciting and romantic and beautiful. Even if you don't normally read contemporary, I think you will love this book. Review: I don't read a whole lot of contemporary. Especially books that tend to deal with issues, whether it's abuse, disorders, drugs, or the like. I just tend lean more toward fantasy, paranormal, or dystopia. But I did read Holly Cupala's Tell Me a Secret and really connected with it, so I was excited to read Don't Breathe a Word, to see what Holly would do this time. This book blew the roof off any contemporary I've ever read. I loved it!!

think this has a lot to do with the fact that Holly wrote it in such a way that you never felt hopeless. You could always see a light at the end of the tunnel. She also wrote in past and present, using flashbacks to reveal more and more about why Joy ran away, and the abuse and shame that she had to endure before leaving. There was a mystery element the book had that added to the appeal of the story, and the pacing was perfect. I fell in love with each and every one of the characters. Ok, maybe not Asher.....ack! But the others, even when they were being total idiots, I just wanted to adopt them, and take care of them and tell them they are worth something. I loved Joy, and CREED!!! Especially Creed! I loved that even though he was a broken person, he still did all he could to protect the others.

This novel shows just how little it takes for a girl to go from happy and somewhat normal to controlled and abused. Joy, though having severe asthma and being constantly watched by her family for the first signs of an illness, has friends that she laughs with and talks to. She is well adjusted and generally okay, though feeling a bit suffocated by all the attention at home. But along comes Asher, much older and wiser, rich, powerful, mysterious and he shows an interest in Joy. That's almost all it takes. She gives up complete control to him and loses herself to his needs, wants and desires. She believes everything he tells her, his threats, his anger-she did this, she brought it on herself, she belongs to him-she is his property. Again, she is suffocated by his attention, his "love", his threats. The book opens with her cutting her long hair off, twenty inches of it and stuffing it in an envelope. She dyes her dark hair blonde, white blonde along with her eyebrows. She doesn't want to be found. She fakes her own kidnapping. And she flees to the "safety" of the streets of Seattle. The streets where she saw a boy who told her he could help her. It's risky and I think Joy is reckless considering how close she comes to dying when she even gets a cold. She prepares with several inhalers, but what good is that against infection? She's doe eyed when she hits the streets. She doesn't realize what could happen to her. I think it's stupid considering what you read in the papers. Her goal is to find the boy who said he could help her. In the meantime, she sticks out like a sore thumb. I also don't think her reaction to living on the street is quite what it should be.

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